Magnesium – The “Forgotten Mineral”
So Powerful that it could be Life-Saving!

This Amazing “Master Mineral” is proven to restore balance, boost energy, improve sleep, reduce weight....and eliminate more ill-health and pains than anything else on earth.

Medical experts say your life depends on magnesium:

“Up to 50% of sudden heart attacks may be due to magnesium deficiency…”
Dr James Pierce, Ph.D
Author, Your Nutritional Key to Cardiovascular Wellness

“A deficiency in this critical nutrient makes you twice as likely to die”
Journal of Intensive Care Medicine

“Once Magnesium falls below a certain level, everything goes...the cells are is not able to have fully-integrated membrane system. They just starts to get weaker and weaker. They don’t have energy to do all the things they need to do.”
Dr. Andrea Rosanoff, M.D., PhD
Co-Author, “The Magnesium Factor"

"Magnesium supplementation truly improves health and changes lives!"
Carolyn Dean, M.D., ND
Author, “The Miracle of Magnesium”

“Magnesium is the most important mineral to man and all living organisms...”
~ Dr. Jerry Aikawa
University of Colorado

“...it is MORE powerful than drugs in many cases. That’s why we use it in the hospital for life-threatening and emergency situations like seizures and heart failures.”
Dr Mark Hyman
Practicing Physician and New York Times Best-Selling Author
Doctors call Magnesium the “Master Mineral” - Their Secret Weapon against Illnesses

Magnesium is a critical "medication" in the hospital's emergency room. If someone is dying from a life-threatening irregular heartbeat condition, doctors use intravenous magnesium. If someone needs to prepare for colonoscopy, doctors give them liquid magnesium to empty their bowels. If pregnant women come in with pre-term labour or pregnancy-associated high blood pressure or seizures, doctors give them continuous high doses of intravenous magnesium.

The Importance of Magnesium and Why Your Body is Crying Out for It!

This master mineral is responsible for over 300 biochemical processes inside your body – from immune response, metabolising fats, carbohydrates and amino acids, nervous & muscular support, proper cardiac and brain function, blood sugar and pressure control, energy & protein synthesis, to the formation of strong bones and teeth, cellular health....and the list goes on and on. Yet most people are woefully deficient and don’t even realize it! Are you one of them?

But every one of us is seriously deficient!

Why is magnesium called “the forgotten mineral?” Because the public just doesn’t understand how important magnesium is for their overall health and well-being. Not only that, but most people don’t have enough levels of this crucial nutrient.

In fact, according to a study performed by the National Institute of Health in the United States, 70% of Americans are magnesium-deficient. The reason?

- **SOIL DEPLETION**: Soil deterioration from the acidic build-up and use of fertilizers (that contain large amounts of potassium) results in lower magnesium in produce than ever before
- **ACID RAIN**: The presence of nitric acid causes a chemistry change in the soil, and leads to abnormal acidity. This causes magnesium depletion in whatever that grows
- **WHEAT & GRAINS**: Originally-high in magnesium, our grains have been so refined that magnesium is lost during the refining process
- **PRESCRIPTION DRUGS**: Almost all prescription drugs lead to depletion of magnesium
- **SUGAR & ALCOHOL**: Both sugar and alcohol increase magnesium excretion through our urine. Our bodies do not retain magnesium when we consume large amounts of sugar and alcohol
- **EXCESSIVE CALCIUM**: Calcium is very high in today's diet. Calcium blocks proper magnesium absorption in our bodies, as reported in numerous studies
- **FLUORIDATED WATER**: Fluoride binds with magnesium, making it unavailable to our body and unable to perform its needed functions

Simply put, it's almost impossible to get sufficient amounts of magnesium through diet alone. And the result can be unbalanced hormones, excess weight, blood sugar issues, and a wide variety of other serious health problems.
Does any of these symptoms sound familiar?

There are telling signs that indicate the lack of magnesium. The more identifiable issues/symptoms you have, the more your body is desperate for magnesium. These are some common **symptoms of magnesium deficiency**:

Insomnia, Deep sleep problems, Anxiety, Depression, Irritability, Easy weight gain, Poor digestion, Heart palpitations, High cholesterol, Headaches, Lethargy, Short-term memory gaps, Blood sugar imbalances, Diabetes, Muscle spasms and/or cramps, Periodic muscle twitching, Obesity, Asthma, Fragile mental state, Low-bone density, Poor circulation, Breathing difficulties, Constipation, Kidney stones, Trouble swallowing, Sensitive to loud noises, Menstrual cramps, Morning sickness (pregnant ladies), Irritable Bowel Syndrome (IBS) etc.

Fortunately, there’s something you can do about it. If you’re battling an illness – or just want to improve your health – magnesium may be the missing link you’ve been searching for. Get enough magnesium – and it could do wonders for your health.

**Not Just Any Magnesium**  
– It’s Magnesium that can be Readily Utilized by Your Thirsty Cells!

You might think you can handle your magnesium deficiency with commercially-available magnesium supplements, but the truth is actually much different. Most magnesium supplements have very low bioavailability and are poorly absorbed. That means most of the magnesium runs through your body without ever getting used. The result? You still have a huge deficiency of magnesium.

**Magnesium from Deep Sea Water**  
– The MOST Bio-available Magnesium for the Human System

Magnesium can only be absorbed by the cells as a free ion (Mg++). A recent clinical study found that most magnesium supplements available composed of magnesium citrate, aspartate and lactate, which are considered most bio-available, but these are actually forming non-ionic complexes of magnesium. These cannot be absorbed into the cells and are therefore ineffective at combating magnesium deficiency.

So, obviously - a supplement containing free magnesium ions is the solution and the answer lies within the pristine deep ocean waters. Deep sea water contains a high level of magnesium in the form of free ions. Also called ionic magnesium, this form of magnesium is 300% more easily absorbed than conventional supplements. This allows it to be efficiently assimilated by the body and cells, enabling it to quickly correct problems caused by magnesium deficiency.

Deep sea water also contains a natural delicate balance of more than 60 other ionic minerals and trace minerals not replicable in any man-made formulation. This important balance from the ocean closely resembles what’s found in our plasma and is now accessible to you with the advancement in Japanese technology. Minerals are
the “Spark Plugs” of life. They play an active role in every biological function of the human body – without it, no life can exist!

Clinical Trials Shows-Deep Sea Water Restores Balance & Supercharges Your Health in less than ONE month!

- 100% of subjects had reduced inflammations (the presence of which makes most diseases) markers by about 50%!
- 100% of subjects had reduced cortisol levels (by an average of 45%...)
  Imbalance of Hormone Cortisol (Stress hormone) is weight loss enemy number 1
- 90% of subjects lost an average of 1kg per month
- 100% of subjects saw reduced waist circumference (by an average of 4cm)

Here’s what you may expect from correcting deficiency of magnesium:

Reduced chances of heart disease and further complications!
Normalised blood sugar and pressure!
Reduced cramps, pains and tiredness!
Better sleep and relaxation!
Improved memory and enhanced concentration!
Improved drainage and reduced water retention!
Increased cellular hydration!
Reduced appetite and cravings!
Boosted metabolism!
Balanced hormones!
Reduced stress levels and anxiety!
Increased energy levels!
Improved digestion!
Healthier weight levels!
Better bowel movement!
Better mood and well-being!
Lesser feelings of weakness!

Immediate and Profound Effects!
Excellent for easing constipation. It relaxes intestinal muscles and increases orderly contractions of the intestines to improve bowel movements and remove accumulated toxic waste. Testers felt peristaltic movements in as fast as 30 minutes after consuming!

References